

## **Technical Requirements Synchronized Skating**

### **Team Composition**

A team shall consist of 12 to 20 skaters and may include both ladies and men.

Each Team may have up to a maximum of four (4) alternates listed as such on the Team roster.

Skaters must meet the age requirements as stated in this announcement.

The Free Program must be skated according to ISU rules 2019 (Special Regulations & Technical Rules Synchronized Skating 2018, ISU Communications No.2084, 2317 and all other pertinent ISU Communications).

### **Deductions for Interruption(s) in performing the program**

For every Interruption of:

-more than 10 seconds up to 20 seconds: -0.5

-more than 20 seconds up to 30 seconds: -1.0

-more than 30 seconds up to 40 seconds: -1.5

-more than 40 seconds by one or several skaters: -2.0

-Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: -2.5 per program

### **Deductions for Falls**

A Fall is defined as loss of control by a Skater with the result that the majority of his/her own body weight is on the ice supported by any other part of the body other than the blades, e.g., hand(s), knee(s), buttock(s), or any part of the arm (Rule 953, paragraph 1).

Fall Rule 953, paragraph 1: -0.5 for every Fall of one (1) skater

-1.0 for every Fall of more than one (1) Skater at one (1) time

-1.5 Maximum Fall deduction per element

As the values of those deductions are not the standard ones provided by Rule 953, paragraph 1. and Rule 843, paragraph 1.n), the Referee must give specific instructions to the system operator and check the correct input in each instance

**Duration of Program** (Rule 952, paragraph 2) : Three (3) minutes +/- 10 seconds.

The Team is allowed to finish the Free Skating within ten (10) seconds plus or minus the required time.

The timing must be reckoned from the moment that a Skater begins to move (arms, head, etc.) or to skate until arriving at a complete stop at the end of the program.

### **Music**

Vocal music using lyrics is permitted.

**The Program Components** will be judged as follows:

- Skating Skills
- Transitions
- Performance
- Interpretation
- Composition

The factor of the Program Components is 1.0.

The factored results are rounded to two (2) decimal places and added.

The sum is the program Component Score.



# Starlight Challenge - International Open Adult & Kids Skating Competition

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The teams must skate a well-balanced Free Skating Program of Five (5) elements, which must include the following four (4) required éléments :

1. Intersection Element

- Additional Feature (Point of Intersection) is optional and will be counted if executed correctly

2. Pivoting Element – Block

3. Traveling Element – Circle

4. Rotating Element – Wheel

**PLUS** A choice of one (1) Element

5. Creative Element – Intersection

**OR**

Mixed Element

## **NOTES :**

Maximum Element levels can be skated, and the level will be called as executed.

Maximum levels of Additional Features (except Step Sequence) can be skated and will be rewarded according to the execution of the team.

**Other Elements** may be incorporated into the Free Skating program.

The program content sheet should indicate which extra Elements are transition Elements.

- Definition/criteria of recommended Elements and Additional Features are in accordance with Rule 990, paragraphs 3 and 4.
- Difficulty Groups of Elements and Additional Features and the description of their requirements are in accordance with the valid (corresponding) ISU Communication.

## **Illegal and non-permitted Elements**

Illegal and non-permitted Elements are following the restrictions of Rule 992, paragraphs 2 and 3.

- Skaters are not permitted to include Vaults, Group Lifts or un-sustained lifts.
- Un-sustained lifts are not authorized.

Official competition practice ice will be offered on the day of the SYS competition.

Extra Practice time could be available and be booked through the competition organizing committee.

Extra practice cannot be booked for the day of the competition.

