

Technical Requirements Artistic Skating

ARTISTIC SOLO, DUO or PAIR FREE SKATING

The artistic events consist of Free Skating and Pair/Duo Free Skating programs judged only on the basis of the Program Components:

- Skating skills
- Transitions
- Performance
- Composition
- Interpretation/Timing

See ISU Special Regulations and Technical Rules 2018, Singles & Pair Skating, Rule 504, paragraph 3 for a detailed description of Program Components.

The respective Rules can be found on the ISU website.

There will be no technical panel and no technical mark given.

The points for each Program Component are multiplied by a factor of 1.0.

Falls are not subject to a deduction but may have a negative impact on the Program Components.

The Artistic Free Skating competition is an athletic competition that is intended to allow skaters to demonstrate their skating ability as defined by the five program components of the ISU judging system.

Credit for the required technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music.

Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps.

The skater/pair/duo must not remain in one place for more than five (5) seconds.

Any technical element exceeding the maximum number as set forth below, will be judged as an illegal element (1.0 deduction).

If the minimum required technical elements are not included, a deduction for a "missing element" of 1.0 will be made.

The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. (ISU Rule 501) The theme of the program should be clear from the skating movements and choreography – regardless of what the skater is wearing. This is not intended to be a Theatre on Ice; Spotlight; or a Showcase event.

Props and accessories may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction of 1.0 point per program. The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.



Starlight Challenge - International Open Adult & Kids Skating Competition

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

The warm-up duration is four (4) minutes for all Artistic Free Skating events.

Artistic Free Skating

Competitions will be held at the Masters, Gold, Silver and Bronze levels for Pairs/Duo's and solo, as well as pre-bronze for solo

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating.

At least one (1) and a maximum of two (2) single jumps MUST be included.

A Waltz jump is not considered a listed single jump.

At least one (1) and a maximum of two (2) spins MUST be included.

No Axel type jumps, double or triple jumps are allowed.

No combination jumps are allowed.

The program duration for Masters Artistic Free Skating is 2 minutes +/- 10 seconds.

The program duration for Gold, Silver and Bronze Artistic Free Skating is 1 minute and 30 seconds, +/- 10 seconds.

The program duration for pre-bronze solo Artistic Free Skating is maximum 1 minute and 40 seconds, but may be less.

General Requirements for Solo Artistic Free Skating

Solo Artistic Free Skating Masters

The program must include at least three (3) and no more than four (4) elements selected from :

- A maximum of one (2) different jumps.
Axels, double and triple jumps are not permitted.
Combination jumps are not permitted.
A Waltz jump is not considered a listed single jump.
- A maximum of Two (2) different spins.
Spin combinations and flying spins are not permitted.
- A maximum of one (1) step sequence (diagonal or mid-line or circular).
- A maximum of one (1) sequence including spirals and attitudes

The program duration is 2 minutes and 10 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Solo Artistic Free Skating Gold

The program must include at least three (3) and no more than four (4) elements selected from :

- A maximum of one (1) jump.
Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- A maximum of one (1) spin.
Spin combinations and flying spins are not permitted.
- A maximum of one (1) step sequence (diagonal or mid-line or circular).
- A maximum of one (1) sequence including spirals and attitudes

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.



Starlight Challenge - International Open Adult & Kids Skating Competition

Solo Artistic Free Skating Silver

The program must include at least three (3) and no more than four (4) elements selected from :

- a. A maximum of one (1) jump.
Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- b. A maximum of one (1) spin.
Spin combinations and flying spins are not permitted.
- c. A maximum of one (1) step sequence (diagonal or mid-line).
- d. A maximum of one (1) sequence including spirals and attitudes

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Solo Artistic Free Skating Bronze

The program must include at least two (2) and no more than three (3) elements selected from :

- a. A maximum of one (1) solo jump OR one (1) throw jump.
Lutz and Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- b. A maximum of one (1) pair spin OR one (1) solo spin.
Spin combinations and flying spins are not permitted.
- c. A maximum of one (1) step sequence (diagonal or mid-line).
- d. A maximum of one (1) sequence including spirals and attitudes

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Solo Artistic Free Skating Pre-Bronze

The program must include at least two(2) and no more than three (3) elements selected from :

- a. A maximum of one (1) jump.
Flip, Lutz and Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- b. A maximum of one (1) spin.
Pair spin combinations and flying spins are not permitted.
- c. A maximum of one (1) sequence including spirals and attitudes, covering at least half of the rink surface.

General Requirements for Pair Artistic Free Skating

- Each pair artistic team must consist of one man and one lady.
- It is expected that pair and duo couples will enter at the skill level of the more skilled skater.

Pair/Duo Artistic Free Skating Masters

The Masters Pair/Duo Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair program must include at least three (3) and no more than four (4) elements selected from :

- c. A maximum of one (1) solo jump OR one (1) throw jump.
Axels, double and triple jumps are not permitted.
Combination jumps are not permitted.
A Waltz jump is not considered a listed single jump.
- b. A maximum of one (1) pair spin (or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot figure (position of the lady optional).
- d. A maximum of one (1) lift of Group 1 or Group 2.



Starlight Challenge - International Open Adult & Kids Skating Competition

- Variations of the lady's position, no handed and one-handed lifts and combination lifts are not permitted.
- Twist lifts are not permitted.
- Lifts of Groups 3-4-5 are not permitted.

The program duration is 2 minutes and 10 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Pair/Duo Artistic Free Skating Gold (Intermediate)

The program must include at least three (3) and no more than four (4) elements selected from :

- A maximum of one (1) solo jump OR one (1) throw jump.
Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- A maximum of one (1) pair spin (pair spin or pair spin combination) OR one (1) solo spin.
- A maximum of one (1) death spiral or pivot figure (position of the lady optional).
- A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the lady's position, no-handed, one-handed lifts, combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-4-5 are not permitted.

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Pair/Duo Artistic Free Skating Silver (Adult)

The program must include at least three (3) and no more than four (4) elements selected from :

- A maximum of one (1) solo jump OR one (1) throw jump.
Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- A maximum of one (1) pair spin OR one (1) solo spin.
Pair spin combinations and flying spins are not permitted.
- A maximum of one (1) pivot figure (position of the lady optional).
- A maximum of one (1) lift of Group 1 or Group 2.
 - Variations of the lady's position, no-handed, one-handed lifts, combination lifts are not permitted.
 - Twist lifts are not permitted.
 - Lifts of Groups 3-4-5 are not permitted.

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

Pair/Duo Artistic Free Skating Bronze

The program must include at least two(2) and no more than three (3) elements selected from :

- A maximum of one (1) solo jump OR one (1) throw jump.
Axel type jumps, double and triple jumps are not permitted.
Combination jumps are not permitted.
- A maximum of one (1) pair spin OR one (1) solo spin.
Pair spin combinations and flying spins are not permitted.
- A maximum of one (1) pivot figure (position of the lady optional).

The duration is 1 minute and 40 seconds, +/- 10 seconds.

The points for each Program Component are multiplied by a factor of 1.0.

